



October Newsletter

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Welcome to our October Newsletter



Welcome to the Cumbria Youth Alliance newsletter for October 2020 and this month we are focussing on the new NYA curriculum issued last week by the National Youth Agency which you can download if you follow the link in the following article (source Children and Young People Now). This focuses on the principles of youth work and the informal educational framework to be used across the sectors. This is an important document and the first time in my working life in the youth sector such a document has been published.

It highlights the types of activities and the underlying principles of good youth work practice and is essential reading to remind qualified youth workers why we got into this in the first place and for others to really understand the world of youth work. Let's hope that this enables us to get Youth Work Training back on the agenda so we can train and develop our next generation of youth workers here in Cumbria.

Youth Work is a profession with professional qualifications and that is often forgotten by those outside the profession. It has its own professional standards. (National Occupational Standards for Youth Work 2019) and plays an essential and pivotal role in the lives of young people.

There are also areas where youth work has disappeared, and with it, the understanding of what youth work is, what it does both for and with young people and how it is an important part of the education of and support provision for young people. This curriculum framework makes it clear that youth work is a form of education; it sets out what it is and how to apply the principles and values that underpin it. The curriculum begins with young people as a starting point and builds our support and youth work practice around them, their peers and their communities.

Youth work happens in a variety of spaces, and the trusted adults that deliver youth work range from volunteers to part-time or full-time professionally qualified practitioners. Routes into and through professional youth work practice are many and varied, but the heart of good youth work is relationships and relational practice – whether this is a volunteer working one night a week in a drop-in universal youth club or a professionally qualified youth worker working to support highly vulnerable young people in specialist settings.

Youth Work and the new NYA Curriculum has this at its heart:

- **Education.** Youth work offers informal learning opportunities that can complement formal learning in schools and colleges. It gives young people the opportunity to learn – about themselves, about others, about issues they care about or that concern them and about society and how to engage in their communities.
- **Empowerment.** Youth work helps young people to develop the skills and confidence to make decisions and act on issues that affect their own lives, the lives of others, their communities and society. This enables young people to take control, have a voice and get involved as advocates.

- **Equality.** Youth work is for all young people. It respects differences and builds connections between different groups and individuals. It recognises and promotes human rights, social justice and anti-oppressive practices, supporting and challenging young people to reflect on their understanding of themselves and their behaviour towards others.
- **Participation.** Youth work supports young people and works with them to become partners and leaders in their own learning, to help them gain influence over issues they are concerned about and to engage them with democratic processes.

Just a few final words:

Youth Work: It has the ability to change lives for the better and now more than ever we need good quality youth work in our communities to help young people with the issues that they are having to deal with.

We will be organising an event in the near future to go through the curriculum with interested parties and help develop ideas and resources to use across the CYA membership so that young people across Cumbria can access quality provision.

We are here to help you in these challenging times - if you need help and support or if you just need a confidential ear to listen to your issues please do not hesitate to contact us either by phone on 01900 603131 or email me cath@cya.org.uk

(If you would like your organisation to be featured in the next edition of our newsletter please do email me your information)

Catherine Clarke

cath@cya.org.uk 01900 603131

Cath Clarke, CEO Cumbria Youth Alliance

Organisational Members of the Institute of Fundraising



NYA Curriculum for Youth Work

The National Youth Agency (NYA) has launched its first national curriculum for youth work in 30 years. The curriculum, which acts as a national framework for youth work in England, aims to enable a greater understanding of youth work practice, provide an educational framework and act as a reference tool to be used by decision makers, policy makers, commissioners, youth workers and young people. The document supplements a formal validated training for youth workers, and can also be used to identify practice needs and to up-skill the many volunteers who are part of the youth workforce.

“It can also be useful for allied professions, such as social work or teaching. Building on good practice expertise and knowledge from the youth work sector enables the strengths from this profession and curriculum to enhance the experiences of young people in different contexts,” the curriculum states.

It covers topics including identity, wellbeing, health and financial and financial wellbeing as well as skills development and the values and principles of youth work. The new curriculum was developed in consultation with youth workers and young people to **“ensure a youth-centred approach”**, the NYA said.

Abbee McLatchie, director of youth work at NYA added:

“At the heart of the youth work curriculum are young people: young people who are sufficiently confident to make decisions now and in the future about their lives. As well as benefiting young people themselves, for wider society, youth work helps to engage young people in playing an active role in their local communities and tackling a broad range of societal issues and disadvantages.” [A copy of the curriculum can be found here.](#)

Dreamscheme to be delivered across Cumbria

Thanks to funding from a variety of sources we are now able to offer Dreamscheme across all 6 localities in Cumbria. This is a programme that enables small groups of young people age 12 -24 to carry out volunteering activities which benefit the wider community. The young volunteers earn points for their social action and these points will be turned into rewards for the youth groups which benefit the community.

Young people on the programme will learn how to carry out business planning and budgeting as well developing their communication and team working skills. They can gain accredited ASDAN awards. Cumbria Youth Alliance will provide small amount of seed funding to get the project up and running and also rewards for the group when they finish. To make a referral please click [here](#) or if you want to know more about this project call the team on 01900 603131 or email our project officer juan@cya.org.uk

VACANCY at Cumbria Youth Alliance

Thanks to funding from Cumbria Community Foundation we will be running a new pre-employment programme for young people who are some distance away from entering the labour market and we are seeking a part time staff member three days per week to help us develop and deliver this programme to young people aged 16-24 across West Cumbria.

You will already have experience of working with young people with multiple and often complex needs and assisting them into work. Experience of employer engagement would be another useful skill. If you think you could fulfil this role then please contact cath@cya.org.uk for an application pack and job description.

First Steps to Employment



First Steps to Employment delivers one to one support to young people between the ages of 16-24, living in Allerdale or Copeland who are currently not in Employment, Education and Training. Customised support helps them achieve their personal career/educational aspirations. This customised support helps them move towards employment.

The project uses a range of tailored interventions which can include:

- Targeted work experience placements and tasters
- Work related and educational qualifications
- Online training
- Addressing educational gaps and much more

All work placements and training are fully funded so there will be no cost to the individuals participating on this project.

To make a referral please click [here](#) or If you want to know more about this project call the team on 01900 603131 or email our project officer gary@cya.org.uk

Stepladder of Achievement

Stepladder of Achievement for young people in the care system run in Cumbria by Cumbria Youth Alliance.

Earn while you learn...

This is an online learning tool for 15-18 years olds to develop basic skills, learn about money management for making plans for the future.

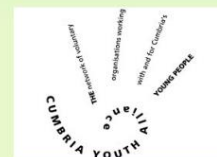
It has six Steps for the young person to work through. And it is free for young people to use! When they complete all 6 steps, they will receive a certificate of completion. And if eligible money up to £1500 will be placed in the young person's ISA.

- Step 1: Literacy
- Step 2: Numeracy
- Step 3: Making My Money Work
- Step 4: My Plans for the Future
- Step 5: Managing My Money
- Step 6: Securing Future Education, Employment or Training

Click <https://www.sharefound.org/stepladder> to register or ring Cat Hawkes on 07444869460 or catherineh@cya.org.uk

Online Learning Modules

For young people, staff & volunteers



Cumbria Youth Alliance has joined up with Embrace Resilience a to offer all young people in Cumbria and all staff and volunteers in Cumbria working with children, young people and families access to a large range of online learning modules FREE of charge. Here are some examples



Resilience

- Developing Mental Strength
- Mental Health First Response
- Nutrition Health and Diet
- Managing Stress and Anxiety
- Becoming a Wellbeing Champion



Work

- Career ahead
- Career ahead the fundamentals
- Bullying and Harassment in the workplace
- Equality & Diversity



Understanding

- Understanding Special Needs
- Epilepsy Awareness
- Understanding the role of a personal carer
- Understanding an individual with mental health and learning disabilities
- Supporting people with autism



General

- Introduction to Food Hygiene
- Basics of Health and Safety
- Understanding Manual Handling



Health & Social

- Alcohol and Substance Misuse
- Care Awareness
- Challenging Behaviours
- Safeguarding Adults
- Safeguarding Children

These are just a few of the modules that are available for you to undertake all free – you can undertake one module or several modules once you have registered with CYA



To register please contact sophie@cya.org.uk with the name of the young person or if it is a staff member the name of the organisation and the name of the individual staff member

National and Member News

New Payment Scheme for People on Low Incomes



HM Government

Issue 16 1 September 2020

Gov.UK

A new payment scheme began on 1 September for people on low income that need to self-isolate and are unable to work from home in areas with high incidence of Covid-19.

- Government to implement new payment for people on low incomes in areas with high rates of COVID-19, who need to self-isolate and can't work from home
- Payments of up to £182 to be made to people who have tested positive for Covid-19 and their contacts

Further information on this scheme can be found here:

<https://www.gov.uk/government/news/new-payment-for-people-self-isolating-in-highest-risk-areas>

On the 26 August the government announced that from 1 September all students, in all year groups will return to education full-time. New advice will apply to use of face coverings by staff and pupils in some schools and to learners in further education. This guidance applies for schools and other education institutions that teach children in years 7 (aged 11 to 12) and above in England. Further information can be found here:

<https://www.gov.uk/government/publications/face-coverings-in-education>

For the most frequently asked questions and what you can and can't do visit here:

<https://www.gov.uk/government/publications/coronavirus-outbreak-faqs-what-you-can-and-cant-do/coronavirus-outbreak-faqs-what-you-can-and-cant-do>

Tackling Knife Crime

We are now taking referrals for young people who are known to have been involved in carrying weapons, have been involved in knife crime or are at risk of engaging in knife crime. Referrals can be made by any agency or by self-referral. The purpose of the project is to focus on reducing the risk of knife crime in Cumbria and the number of young people involved in knife crime.

We will work with young people on a one to one remotely via Zoom, telephone and our knife crime awareness resources. Parents and carers are welcome to join the sessions. Contact will be made through Parents or Carers phone and email not directly with the young person. We are fully funded by Cumbria Police and Crime Commissioner.

For more information please contact Jane Wignall: jane@resourcecreatives.co.uk or 07970687254 Resource Creatives www.resourcecreatives.co.uk

Updated Charity Commission Covid-19 guidance

The guidance aims to help with running your charity during the coronavirus outbreak. The updated sections refer to AGMs and holding meetings online. Charitable companies and Charitable Incorporated Organisations (CIOs) can hold AGMs and other members' meetings online - this has been made possible by the Corporate Insolvency and Governance Act 2020.

The section in the Corporate Insolvency and Governance Act 2020 on holding meetings online has been extended from 30 September to 30 December 2020.

For other types of meetings, or for any other type of charity, trustees need to check if their charity's governing document allows them to hold meetings online or by telephone. This temporary amendment is in the Corporate Insolvency and Governance Act 2020 and also applies to exempt charities that are community benefit or friendly societies. It was extended from 30 September to 30 December 2020 but may be extended again if the government thinks this is needed. We will update with any changes if they happen.

Note: temporary laws allowing charitable companies and CIOs to postpone AGMs and other members' meetings end on 30 September. These charities can use the above advice. For more information on the updated guidance click [here](#).

Exciting New Job Opportunities at CAfS!

Project Manager – Zero Carbon Cumbria

The five-year community-led Zero Carbon Cumbria Partnership programme will see more than 70 organisations coming together to deliver a wide range of activities across the county, all contributing to Cumbria's aim to become a carbon neutral county. The programme is led by the Zero Carbon Cumbria Partnership and funded by the National Lottery Community Fund, through its new Climate Action Fund. Delivery begins in January 2021. This is the first of several roles we'll be recruiting for this autumn and winter.

At CAfS, we're looking for an experienced and skilled project manager with a passion for tackling climate change. They'll take overall responsibility for the management of this ambitious five-year grant-funded project, developing a rolling project plan and overseeing its delivery. It's a very varied role, ranging from coordinating and supporting activities by community partners to co-chairing a strategic network of 70 organisations, along with recruiting and managing members of the programme team.

- HOURS: 22.5 hours a week (3 days)
- SALARY RANGE: £24,000-£30,000 per annum full-time equivalent
- DURATION: Fixed-term contract from Nov 2020 (or sooner) to end Dec 2025

Community Carbon Literacy Coordinator

Thanks to funding from the Emergence Foundation, we are also recruiting an experienced coordinator with the drive and enthusiasm to help people across Cumbria to cut their carbon footprint, and to support them to build the confidence to share their knowledge about climate change. Leading our new Community Carbon Literacy project, they will recruit, train and support a network of twenty community trainers, to run a widespread programme of events on climate science and solutions, including open home events and carbon literacy training courses.

- HOURS: 15 hours a week (2 days)
- SALARY RANGE: £21,000-£24,000 per annum full time equivalent
- DURATION: Fixed-term contract, starting immediately, to end September 2021

The deadline for applications for both roles is 9am on Monday 19 October 2020.

For full details and to apply, visit the CAfS website: <https://cafs.org.uk/jobs-contracts/>

Cumbria CVS (Volunteer) Trustee

Cumbria CVS is currently looking for some new Trustees to join our Trustee Board. Although, we are looking for some particular skills/expertise (as below), please note that this list is not exhaustive and so if you are interested and would like to become a Trustee of Cumbria CVS, please do feel free to apply or contact us to discuss further. There are a range of exciting opportunities available.

We would also be very grateful if you could help us promote this opportunity more widely through your networks/contacts.

Thank you in advance for your efforts and if you would like to know more please contact us on 01768 800250 or email: info@cumbriacvs.org.uk

We look forward to hearing from you. More information and application forms can be found on our website at: www.cumbriacvs.org.uk/vacancies

It's Not OK Launch Conference

The Cumbria Safeguarding Children's Partnership have asked that the attached briefing be shared with the each Locality Children & Families Partnership groups to cascade and promote within their own organisations.

[ITS NOT OK CONFERENCE PRESENTATIONS \(1\) \(pdf\)](#)

At our last Reference Group meeting, it was announced that Cumbria Safeguarding Children's Partnership (CSCP) is running a year-long Child Exploitation awareness raising campaign in partnership with the NSPCC. As part of the IT'S NOT OK campaign they are offering Reference Group members the opportunity to take part in a Train the Trainer for child exploitation awareness raising training. This will be via a half day online event and will equip attendees with the ability to deliver a one hour training package to staff and volunteers on child exploitation, covering what the different forms of CE are, how to spot the signs and how to report.

There are two dates that the Train the Trainer is being run (you only need to attend one of these):

- 22nd October 2020, 09:30 – 12:30 via MS Teams
- 24th November 2020, 09:30 – 12:30 via MS Teams.

There will be a maximum of 20 on each session. If the events are oversubscribed we can look at running additional Train the Trainer sessions in 2021.

If you have any questions regarding the content of the event please email: holly.murphy@cumbria.gov.uk

If you wish to book a place or places please email me at info@christinewhite.co.uk stating your full name, job title, organisation and preferred date.

Kind regards Christine White
CYPVSG Reference Group Administration

Pride in North Cumbria (PiNC) Annual General Meeting (AGM)

Tuesday 27 October 2020, 7.00pm

**Online Meeting (details confirmed after
registering your attendance)**

**Find out about
our funding & projects,
our work with LGBT+ Young People
aged 13 to 25,
& how you can get involved.**

To confirm your attendance:

**Please ring 07971253241
or email
pinc-cumbria@hotmail.co.uk
to confirm your attendance in advance.**



Vacancy

North & West Services Manager



Cumbria Alcohol and Drug Advisory Service (CADAS) have an exciting vacancy for a regional Services Manager to lead our growing delivery team.

We are looking for someone with excellent leadership and people management skills to maintain efficient operating systems, policies and procedures.

You should be passionate about championing the ethos and values of the organisation when it comes to recovery and substance use plus our ABCD approach to supporting our clients, staff and volunteer base.

Alongside managing a geographical team, you will lead on our countywide young people's work. This includes project creation and development, co-ordination of data and impact, chairing youth focused multi-agency meetings and overseeing our safeguarding procedures.

The footprint for this role is in the North and West of the county so you will need to be able to travel to rural locations, sometimes outside of normal working hours and, as such, access to a vehicle is required.

The role is initially 30 hours per week for a fixed term of 2 years but we hope the successful applicant will help us to grow it.

As a contemporary employer we would be happy to discuss a more flexible approach to hours and working times as part of the selection process.

This is a "regulated" position and you would be required to undertake an enhanced DBS check with a vetting and barring check for both the adult and the children's workforce. If you would like to chat or find out more about the role, call our Chief Exec, Leigh, on 07714 766658.

Please email louisem@cadas.co.uk for an application pack.

All completed applications to be returned no later
than Sunday 1st November

[Read it here>](#)



CUMBRIA

COMMUNITY FOUNDATION

NEWS FROM CUMBRIA COMMUNITY FOUNDATION

CORONAVIRUS: SIX MONTHS ON

Coronavirus was confirmed in Cumbria on 3rd March and the identification of that first case marked the start of a crisis for local communities unlike any in living memory. Its reach across all sectors and into everyone's lives has been unprecedented, and although the initial emergency phase of the pandemic can be considered to have ended, the virus remains a present threat and many challenges lie ahead, not least with the emergence of further lockdown restrictions.

Over the past six months, our Cumbria COVID-19 Response Fund has raised more than £1.7m. More than £1m has been spent from the fund, plus another £364,000 from re-purposed funds. More than 58,000 people have been helped.

In our six month impact report, we give an insight into the lockdown period in Cumbria, outline our work and priorities for the next 12 months and tell the stories of some of the groups that received funding and how it helped them.



CUMBRIA COVID-19 RESPONSE FUND

THE FIRST SIX MONTHS



90% Discount for Lakeland Outdoor Activities at The Keppleway Centre



The Keppleway Centre in Cumbria is providing grants of up to 90% to get financially disadvantaged young people, and anyone living with disability or other barriers back into the great outdoors!

Keppleway's new Participation Inclusion Fund is made possible by generous donations, and provides huge discounts to qualifying individuals within groups for residential and day outdoor activities. These include: stand-up paddle-boarding; kayaking; canoeing; ghyll scrambling; climbing; trekking and exploring; abseiling; archery; fencing and many others!

Discounts of up to 90% mean that day activities for qualifying individuals are available from as little as £4 pp, and residential activity breaks from as little as £10 pp! So let's get your young people and others back into the outdoors for challenging, fun, skill-building activities and blow away the lockdown blues!

Contact The Keppleway Centre below to find out more, and see how we can help everyone in your group to come!

Good to know:

Individuals who otherwise would not be able to participate in a group activity-based visit to The Keppleway Centre due to family finances, funding, disability or other factors need to be recommended or supported for consideration by the group organiser.

Indicators of financial disadvantage include any of:

- No family earner
- Family breadwinner on minimum living wage, part-time hours or on furlough
- Young person qualifying for Pupil Premium

Grants will be considered for young persons in care and anyone living with life-changing disability or other material difficulty preventing them from engaging in mainstream activities. Funding is subject to availability and eligibility.

The Keppleway Centre, Broughton in Furness, Cumbria, LA20 6HE
Tel: 01229 716936, E-mail: stay@keppleway.org.uk Web: keppleway.org.uk


DISCOVER @ KEPPLEWAY
DISCOVER ADVENTURE, DISCOVER LIFE



County Lines

We need your
help to stop it
#KnowTheSigns
#CountyLines

What are County Lines?

Vulnerable people of all ages are being used by criminals across the country to courier drugs and money. These drug dealers will often take up residence in a person's home (known as cuckooing) to sell drugs in the local area.

Signs to look for:

- A young person going missing from school or home
- Meeting with unfamiliar adults and/or change in behaviour
- Using drugs and alcohol
- Money or expensive gifts they can't account for
- A neighbour who has not been seen for a while
- More people calling at a neighbour's home - often at unsociable hours
- Suspicious vehicles/people attending a neighbour's home.

If you have spotted these signs - please tell us!



☎ 101 or in an emergency 999 🌐 www.cumbria.police.uk

Crimestoppers: 0800 555 111



cumbriapolic



cumbriacops

BUILDING BETTER FUTURES

Aspiring Leaders Programme

Do you want to make a positive difference to the community in which you live and work?

Why not apply to our **Aspiring Leaders Programme (ALP)**?

This innovative, fully funded 3-year degree course is for aspiring leaders who can respond to the needs of their communities and then work within them to make a positive impact. Inclusive and supportive, it offers personal development, practical skills and a deep understanding of the third sector.

You may not yet have realised your talents, had the opportunity to progress or even considered University as an option - but you'll have passion, potential and a desire to bring about lasting change.

Candidates should be:

- Working or volunteering in the third sector
- Aged 19 – 32
- Living in Cumbria or North Lancs.

This is a flexible course so you can continue to work and manage family life.



Deadline: 06.11.20 at 9am

"ALP has given me a better understanding of how I work and who I am. It's given me confidence in my own abilities, opened my eyes to social issues and given me tools to work on making positive changes within my community." - ALP alumni

Visit www.brathay.org.uk/alp for further info and to apply.



Cumbria Youth Repository

The one stop shop for resources for young people – families and workers has gone live – Access it here... We hope you will add resources to the repository and let young people know about it so they can use this great new resource.

CUMBRIA YOUTH REPOSITORY AN ONLINE RESOURCE BANK FOR YOUNG PEOPLE, SUPPORT STAFF AND PARENTS



CSE INFORMATION & SUPPORT



A COLLABARATIVE APPROACH FOR THE WHOLE OF CUMBRIA



FOR MORE INFORMATION PLEASE CONTACT
CLINT.HOWAT@CARLISLEYOUTHZONE.ORG
SOPHIE@CYA.ORG



Disclaimer: *Cumbria Youth Alliance cannot be held responsible for the quality, reliability or accuracy of the information contained herein.*

Accessibility: *If you require this information in another format, please contact 01900 603131 and we will do our best to meet your requirements.*

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