

**Cumbria Youth Alliance**

# December Newsletter

**Welcome to the Cumbria Youth Alliance (CYA) news round-up**



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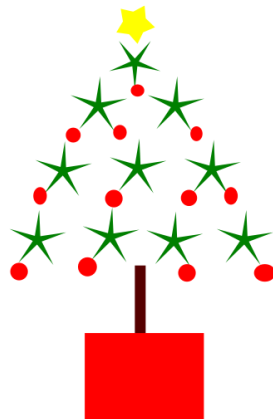
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# Welcome to our December Newsletter



**All the staff and Trustees at Cumbria Youth Alliance wish you a very merry Xmas and look forward to supporting you again in 2020**

## CCC Infrastructure Tender

**Cumbria Youth Alliance have been successful with their infrastructure tender to Cumbria County Council to support organisations working with children, young people and families: This applies equally across all 6 localities of Cumbria. So, what can you expect from this contract?**

- \* Help for organisations to gain a quality mark for their work with children and young people
- \* Help to benchmark your governance standards and practice against best practice guidelines from Charity Commission and NCVO
- \* Trustee training for existing boards or for new trustees -looking at the essential skills of being a trustee -or customized workshops to deal with issues within your own agency
- \* Help to recruit and train volunteers and trustees for a wide variety of roles
- \* Training for staff and volunteers working with children, young people and families – 12 short courses per annum covering the latest training you will need to address key issues -mostly free but others heavily subsidized
- \* Access to Fundraising Training delivered by staff who are members of the Institute of Fundraising
- \* Help to check bids before you submit them
- \* Help to identify suitable sources of potential funding
- \* Acting as a referee for your bids (with prior agreement)
- \* 12 funding gazettes highlighting the latest funding opportunities
- \* 12 newsletters with local, regional and national information to assist decision making

To access any of these services contact [cath@cya.org.uk](mailto:cath@cya.org.uk) or ring her on 01900 603131

# NEW My Mind Star™

## The Outcomes Star for young peoples mental health and well-being

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**Introducing the new My Mind Star - My Mind Star – a much needed and timely tool for early intervention with young people.**

My Mind Star was developed in collaboration with managers, service users and professionals at leading UK children's charity, **Action for Children**. It was also piloted by:

**The My Mind Star has been developed for use with young people who are experiencing mental illness or poor mental health.**

It has been designed for use in early intervention services that aim to prevent the onset or development of mental illness, and to fill the gap before a mental illness is diagnosed. It may also be used to support young people in managing mental illness, both diagnosable mental illnesses and including low mood, stress, anxiety, sleeplessness or self-help. My Mind Star has seven key areas, designed to open up the conversation between key or support workers and service users. These areas are designed along a five-point scale:

- 1) Feelings and emotions
- 2) Healthy lifestyle
- 3) Where you live
- 4) Friends and relationships
- 5) School, training and work
- 6) How you use your time

### **Self-esteem**

Resources to use the Star are available for organisations with a **Star Licence and training** for all workers and managers using the Star. Here in Cumbria organisations working with children, young people and families can access the paper based licence free with the required training being provided by Cumbria Youth Alliance. We are also actively researching into the psychometric properties of the New Mum Star and Star data and plan to publish our findings on this area in the near future.

**To find our more in Cumbria contact [cath@cya.org.uk](mailto:cath@cya.org.uk) or directly contact Triangle Training to find out how more about how this might work for your organisation.**

## Emotional Resilience Project

Half-way through the 2<sup>nd</sup> round of commissioning on the Emotional Resilience Project and things are going great! Most providers have just received their mid project review and it has been lovely to see what has been going on. At Wigton youth station this group of YR11s (pictured below) have been busy planning a positive relationships event (with food of course!) that will be hosted on the 21<sup>st</sup> of March 2020 at Nelson Thomlinson School.



Covering a range of topics including; CSE, Cyberbullying, LGBT community issues, Personal Safety and many more there will also be a chance to find out what support is available in the area with different organisations specialising in these topics attending the event and sharing their knowledge and expertise.

We have also been delivering Exam Stress and Body Image workshops across the schools in Allerdale and Copeland with loads of great positive feedback! We sat in on a session and learned about “worry time” and how to not let your worries overwhelm you, a well-researched method is to have a dedicated time slot every day to focus on them to avoid stress throughout your day. Very interesting, the young people seemed to love the idea and the group created their own SMART targets to achieve this.

### **Online Modules**

We have more and more providers signing up to our free e-learning modules for building emotional resilience with positive feedback. These online modules offer awareness on;

- \* Mental health
- \* Cyber bullying
- \* Body image (key concern for young people according to Healthwatch Cumbria 2018)
- \* LGBTQ+
- \* Social media pressures
- \* Risk taking behaviour
- \* Where to go for support

Available free of charge to schools and youth groups across Cumbria all you need to do is register as a youth group or school and make young people aware of the learning opportunity. To find out more or download a registration form please visit our website at:

<https://www.cya.org.uk/young-people-services/online-modules>

## Congratulations Chloe!



Chloe started on the Choices programme, funded by The National Lottery Community Fund and the European Social Fund in November 2018.

Chloe has received one to one support from Cumbria Youth Alliance with confidence and coping strategies to help her overcome barriers, as well as attending group sessions centred around emotional resilience, mental health and wellbeing, personal finance and positive decision making.

Chloe received support from Choices to pass her driving theory (on the ninth attempt!) which has improved her self confidence and she recently had the courage to take her practical driving test and passed first time. This has opened up more avenues to employment and given her a much needed boost. She has recently gained employment with Asda working in security and we wish her the best of luck going forward. Well done Chloe!

## Eden Valley Cadets Award

### Ferrers Volunteer Police Cadet - Team Award: Eden Valley Cadets

The Eden Valley cadets have encouraged their community to talk about mental health with banners across the entire county. Starting in Penrith, the team won the backing of a local 'Dreamscheme' project, via Cumbria Youth Alliance, enabling them to have banners in every major town in Cumbria. The banners promoted the work of three charities involved in suicide prevention, with helpline numbers for young people to ring.

The Lord Ferrers Awards – now in its 26th year – celebrates the contributions of police support volunteers, special constables, volunteer police cadets, and volunteers supporting the work of police and crime commissioners. Winners received awards across ten categories at the ceremony at Lancaster House in London, attended by the Minister for Crime, Policing and the Fire Service Kit Malthouse.

Mr Malthouse said: "Volunteers are highly valued members of the policing family. They bring different skills to the police service and give up their time to serve the public and help protect their communities.

"This year's winners do a remarkable job, whether it is inspiring more women and ethnic minorities to join the police, supporting the vulnerable or making our streets safer."

## Rank Foundation Funding

CYA have been successful in securing Rank Foundation funding to take on a young person to be a Time 2 Shine Leader. The young person will work for a year with the Young people in care transition project. The young person has themselves had experience of being in the care system.

# National News

## Trustee safeguarding training Online Course

NSPCC Learning has launched a new elearning course to help charity trustees carry out safeguarding duties to protect anyone who comes into contact with their organisation. The course, produced with the assistance of the Ann Craft Trust, covers: the UK framework of legislation and guidance underpinning a trustee's safeguarding role; specific statutory responsibilities to help keep people safe; how to create a safe and trusted culture and organisational environment; how to work with, support and challenge your management team to ensure your charity is operating according to good safeguarding principles and practice.

### **Get in touch for advice about safeguarding children.**

Call **0115 951 5400** | Email [ann-craft-trust@nottingham.ac.uk](mailto:ann-craft-trust@nottingham.ac.uk)

### **Disabled children and young people are 3.4 times more likely to experience abuse. But are they more likely to be heard, believed and supported?**

We can help you understand the increased risks faced by disabled young people, and the role you can play in supporting them. At the Ann Craft Trust, we help to support disabled children and young people across their entire life spans. We need to challenge abuse and neglect, but also think of the potential discrimination disabled young people can face as they grow older. Our training seeks to hear the voices of disabled children, young people, and their families. We draw from current research and from our own experience as practitioners. We champion a best-practice approach that works to empower children, young people, and their carers.

### **Safeguarding Disabled Children Courses.**

We offer a number of courses covering a wide range of safeguarding issues, including:

- \* Safeguarding Disabled Children Training Course
- \* Communication with Disabled Children and Young People Training
- \* Early Help and Support for Disabled Children and Young People and their Families
- \* Coordinating and Managing Assessments and Child Protection Cases for Disabled Children
- \* Sexual Exploitation (CSE) of Children and Young People with Learning Disabilities
- \* Neglect and Disabled Children Training Course
- \* Supporting Parents with Learning Disabilities

These courses are intended as a guide. You can request aspects of them to create a one-off training event, or work with us to develop materials that fit your needs as an organisation. We'll tailor our safeguarding disabled children courses to meet your unique requirements.

Our experienced trainers will work closely with you from the initial consultation right through to the last evaluation.

We will explore the needs of your organisation and the roles and responsibilities of delegates. We'll gauge their understanding of safeguarding and the challenges they face, as well as what works in practice. We will make your training accessible by adjusting the course to address the specific issues, legal framework and policies you need us to cover.

### **Book a course or find out more:**

Call **0115 951 5400** / Email [ann-craft-trust@nottingham.ac.uk](mailto:ann-craft-trust@nottingham.ac.uk)

View the course: [Trustee safeguarding training: online course](#)

# EU report highlights 'extensive abuse' of vulnerable children by county lines drugs gangs

Joe Lepper - Wednesday, November 27, 2019

A new EU report highlights the “extensive exploitation” of vulnerable young people, many of whom are in care, by county lines drug trafficking gangs operating across the UK. Research has suggested there are more than 1,000 county lines networks in the UK.

The EU Monitoring Centre for Drugs and Drug Addiction and Europol's 2019 [Drugs Market Report](#) details examples of drug activity and its effect on victims throughout Europe. Through its research into victims being coerced into drug production and trafficking, the report raises the example of the county lines model of drug networking, which it says has “become widespread in the UK”.

This is where drugs are supplied by gangs from cities into rural areas and market towns through exploiting vulnerable people, often children, and forcing them to distribute and traffick drugs. “It makes extensive use of the exploitation of vulnerable people. These include recruiting vulnerable children, for example in the care of social services or excluded from school, and adults,” the report states.

- [General election 2019: Welfare and care](#)
- [Gangs and Criminal Exploitation: Special Report](#)
- [Legal Update: Guidance to tackle county lines cases](#)

The EU bodies are particularly concerned that many county lines victims are dependent on drugs themselves and are forced into dealing in exchange for drugs or to pay off drug debts. “This exploitative business model allows criminal groups to expand to new areas at low cost and minimal risk, as they do not have to pay the vulnerable individuals whom they exploit, who are also the most exposed to the risk of arrest,” adds the report.

In September a £3.6m unit involving experts from police forces and the National Crime Agency (NCA) was set up in the UK to tackle county lines crime.

In the same month a [£1.9m research project](#) was launched to find ways to better support young victims of county lines dealing as well as child sexual exploitation.

According to the NCA there are more than 1,000 of these networks nationally. [The Children's Society](#) has warned that children as young as seven are being exploited through county lines. [St Giles Trust](#), who work with young people affected by gang violence and exploitation said those caught up in county lines networks “are treated like expendable commodities”.

A spokeswoman added that most become willingly involved at first “lured in by promises of quick cash, status and belonging”.

“However, once involved they carry all the risks through transporting and dealing the drugs and are often exposed to appalling levels of intimidation, threats and abuse. These experiences can mean they suffer from post-traumatic stress disorder and it takes a great deal of time and effort to help them recover and get their young lives back,” she added.

The Trust employ specially trained staff with similar experiences to those they aim to help.

“They are credible and relatable and can reach young people who would otherwise struggle to engage with services and support. Having been there themselves, our team are able to spot early potential risks and ensure swift action is put in place to mitigate them,” the spokeswoman said.

The Trust works with police forces and local authorities to offer help to those involved in county lines networks in Kent, London and south Wales.

It has so-far helped 428 young people to exit county lines.

The issue has also been highlighted by children’s commissioner for England Anne Longfield. Her February report [Keeping Kids Safe](#) said vulnerable children need to be better protected from the “scourge of serious violence, county lines drug running and gang activity”

## **Youth Service Statutory Guidance 'Nothing about us without us'**

**James Cathcart - Friday, November 15, 2019**

As someone who campaigns for greater young participation in public life because I believe and have seen how it can add value to decisions made about them, I’ve always welcomed any legislation and guidance that says an authority ‘must take steps to ascertain the views of young people’ but saddened when its only ‘should establish and maintain structured arrangements for doing so’.

It’s a credit to the work of so many councillors, youth workers, advocates and young leaders that so many do still try to implement this guidance for ‘Local Authorities on Services and Activities to Improve Young People’s Well-being’.

The Department for Digital Culture Media and Sport is reviewing this guidance and, despite the General Election, it is still open to written submissions to young people as well as councils and others. However, some review activities have been postponed. In response to an enquiry from Young Voices Heard the DCMS Guidance Team have confirmed that:

“The call for evidence is still live and closes at 11:45pm on Sunday 1st December. Due to the election and rules around the pre-election period, we won't be able to hold any face-to-face consultation events, including with young people unfortunately. We will be considering our options though for post the election period to see if this may still be possible but at a later date.” Encouragingly the Review Team out-of-office email also explains that “We welcome responses from all who are interested in this review, particularly young people...”

So I would hope that those who have the networks will let both individuals, groups and youth councils representing young people, to submit their own response via the DCMS Review website, either via the Young Peoples Questionnaire, of the more detailed Call For Evidence pack if you are a youth council.

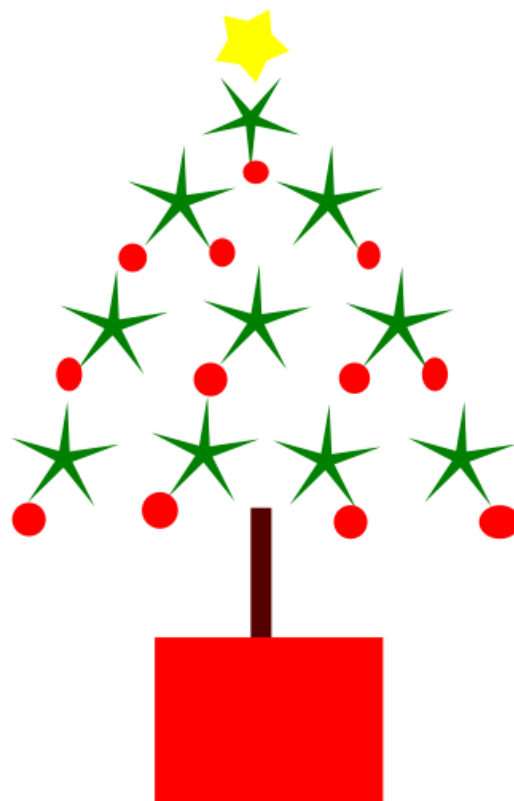
This is a great opportunity to demonstrate that young people want to have their voices heard and better inform final outcome, but with one condition, as one young advocate reminded us by recently challenging the Minister for Civil Society – let us have some feedback about how our views are heard and used. You said – we did.

So far the response of the youth sector has echoed many of its reservations of the last review in 2012, for example, that duties on local authorities are only "so far as is reasonable practical" and "sufficient to meet needs", highlighting that the guidance omits to define what is 'reasonable' or 'sufficient' or who would be the arbiters of that. But perhaps we could hear more in the debate about what young people are calling for?

Do they feel meaningfully involved, in which case lets celebrate and build on that, or is it tokenistic? – in which case we ought to challenge that. Should we be taking it up a gear, more statutory roles, decision making? What would make a difference from their point of view?

I hope the new government will publish the young people's recommendations, clearly acknowledging which they will respond to, and to borrow a phrase from the current guidance, will "publish... details of the feedback young people have given on the quality of the local offer and of how they have influenced... decisions" and "to publish... in a form that enables young people and others to hold them to account, their plans..."

I hope that the dialogue will continue with a new government, perhaps refreshed with a new Youth Minister and department, to ensure youth participation arrangements continue and are strengthened, not only for youth services, but in the development of all youth policies, taking account of the latest #youthvoice movements touchstone 'Nothing About Us Without Us'. James Cathcart is director and founder of Young Voices Heard [@YVH\\_YouthVoice](https://twitter.com/YVH_YouthVoice)



# Member News



## Suicide Safer Community Co-ordinator

### Job offer from: Every Life Matters

- \* Job Title: Suicide Safer Community Co-ordinator - Allerdale and Copeland Salary: £21,000 – £23,500 (dependent on skills and experience)
- \* Hours: Full time (37 hours per week)
- \* Contract: 2 Years minimum – Continuation subject to funding Employer: Every Life Matters
- \* Accountable: Every Life Matters Development Manager
- \* Base: Home working

The Post holder will hold responsibility for two projects, Suicide Safer Allerdale (being launched in Feb 2020) and Suicide Safer Copeland (launched May 2019), splitting their time equally across the two districts. Project activity will be focused around raising awareness of suicide risk, dispelling common myths and misperceptions about suicide, increasing understanding of the range of support available for someone at risk of suicide and how to practically support someone who may be at risk of suicide. Alongside community led activity we will also promote and provide a range of suicide alertness training sessions across local community, third, public and private sector organisations, support local project champions and develop local suicide first aiders.

The post holder would have experience of assets based community development work, or similar, and have a keen interest in promoting social action and be well connected and networked in one or both local Districts. Ideally the post holder would also have mental health/suicide prevention work experience or knowledge, but significant in post training, supervision and CPD can be offered, including ASIST training.

We would welcome applications from people personally impacted by suicide. **Closing date for applications, 5pm Wednesday 8th January.** Interviews during the week of 13th January.

Application forms available at <http://www.every-life-matters.org.uk>

### Application pack at:

<https://www.every-life-matters.org.uk/wp-content/uploads/2019/12/Application-Pack-Suicide-Safer-Communities-Co-ordinator-Allerdale-Copeland-Dec-2019-2.pdf>

# Prom outfit donations needed West Cumbria

Dear West Cumbria Colleagues,

Please share this email with your teams and partner agencies across West Cumbria. (Apologies if you receive it more than once).

As you work with families in West Cumbria, you will know there are certain milestone events in children's lives that put a financial burden on parents.

One of these is the ever increasing popularity of school proms. A joyous event for many, although some children are already worrying that they will not be able to attend their prom next year as their family cannot afford to buy the outfits they need. Some families go into a lot of debt to make this a special time for their children too.

## CAN YOU HELP?

I am looking for donations of prom wear for lads and lasses in West Cumbria. I need:

- \* Suits
- \* Shirts
- \* Ties and cummerbunds
- \* Dresses
- \* Handbags
- \* Finishing touches such as hair slides and other items to add sparkle, unused makeup, perfume and aftershave, hair gel etc.
- \* At present I am not accepting used shoes.

Please contact me directly to arrange a drop off point that I can collect items from or to see how else you could help.

Let's work together to give all of our young people a memorable prom day.

This service will be accessed via professional's referral only. Do you know a young person who needs a prom outfit? I am in the early stages of planning an evening event at Lakes College for young people to come along and choose an outfit. Referral forms will be available as soon as I have a date for the event which could be after Easter 2020.

Kind regards,

Suzannah Gregson

Focus Family Area Officer – Allerdale and Copeland.

☎07966641341

✉:Suzannah.gregson@cumbria.gov.uk

# Creative People and Places West Cumbria

## Community Consultation

### How should we spend £1 million on arts, culture and creativity?

Arts Council England's Creative People and Places fund will open to new applicants in January 2020 and I am writing to ask if you would be able to help with community consultation in West Cumbria ahead of a potential application from a West Cumbria consortium.

Please see below further information about and a link to the consultation survey. We would be grateful if you could help us to reach as many people as possible by posting on social media, websites and encouraging colleagues, residents, customers, friends, family and members of the public to complete the survey and share their views.

All of the information that is submitted via the survey will be collated and stored by Allerdale Borough Council on behalf of the West Cumbria consortium. If you would like more information about Creative People and Places or have any queries please do not hesitate to contact me.

### Tell us what you want!

Help us to enhance the arts, culture and creative offer across Allerdale and Copeland. Arts Council England is investing in a number of Creative People and Places projects across England. West Cumbria is one of the eligible areas to apply and has the potential to bring in over £1 million from Arts Council to develop a programme of arts, heritage, music and so many more creative activities and events over the next 4 years and if we get it right, long into the future.

At the centre of our application we want to ensure we have a vibrant cultural offer for local people in West Cumbria, but to do that we need to know what and how you want to engage in creative activity whether it's music, visual art, spoken word, or writing, the list goes on.

We want to hear from you, whether you currently have an interest in this area or not, and we would like you to share your thoughts and ideas about the sorts of things you would love to see happening in your local area as a participant or a spectator or both! It could be more of the great things that already take place, or it could be something completely new and different that would excite you and others, and open up a new world of creative possibilities.

This is the link to the questionnaire:

[https://forms.office.com/Pages/ResponsePage.aspx?id=tIMJoTNyd0u4Woe\\_Ui0pyN-X7h6niPxOtqMkQtZ5u15UQldMTEIYV1RPWDcwUVJOMzIMQ0hFVVpJNy4u](https://forms.office.com/Pages/ResponsePage.aspx?id=tIMJoTNyd0u4Woe_Ui0pyN-X7h6niPxOtqMkQtZ5u15UQldMTEIYV1RPWDcwUVJOMzIMQ0hFVVpJNy4u)

Who should fill in this questionnaire? Everyone; whether you already love art or you are someone who doesn't regularly take part in creative activities, tell us why, and what would inspire you get involved.

We will also be undertaking some more focused group sessions in specific areas, so that this project is truly reflective of what the residents of Allerdale and Copeland would like to see delivered.

# Early Help Team Contacts



## New contact details for the Early Help Team and Local Authority Designated Officer (LADO)

From Monday 6 January 2020 the contact numbers for the Early Help Team and LADO will be changing. You will no longer need to call the Safeguarding Hub to speak to a member of the Early Help Team or LADO service.



### New contact details for the **Early Help Team**

Telephone: 03003 033896

Email: [early.help@cumbria.gov.uk](mailto:early.help@cumbria.gov.uk)

### New contact details for **LADO**

Telephone: 03003 033892

Email: [LADO@cumbria.gov.uk](mailto:LADO@cumbria.gov.uk)

Please note, until the 6 January the current contact arrangements for the Early Help team and LADO service remain in place, this is via the Safeguarding Hub on 0333 2401727.

The process to make a [Safeguarding referral](#) for a child remains unchanged

## Spare an hour of support

Could you or do you know somebody who could offer an hour to support somebody in the Cockermouth and surrounding areas from loneliness. We all know the detrimental impacts on our health from being socially isolated and this new scheme has found lots of people in need and is looking to increase their volunteers.

For further information see their website [www.linkinglives.uk/cockermouth](http://www.linkinglives.uk/cockermouth) or

Email: [Cockermouth@linkinglives.uk](mailto:Cockermouth@linkinglives.uk)

# Saturday Adventure Club

**DISCOVER @ KEPPLEWRAY**  
DISCOVER ADVENTURE, DISCOVER LIFE

## FAMILY ADVENTURE DAY

Why not blow away the winter blues and spend a fun filled day with your family in the great outdoors?



Saturday 25th January - Canoeing and Archery  
Saturday 29th February - Climbing and Crate Stacking

9.30am - 3.30pm

**£35pp**

To book call: (01229) 716936 or Email: [stay@keppleway.org.uk](mailto:stay@keppleway.org.uk)

Booking is essential and payment must be received in full on booking.  
All children must be accompanied by a responsible adult.



# TryLife Project Overview

Perinatal Mental Health and Mental health are a real life challenge for young people today.

TryLife have been commissioned by William Howard School on behalf of the Child Health and Wellbeing and Perinatal Mental Health Network to look at developing an Interactive Film to help young people understand the consequences of the decisions they may take.

This film will be co-developed and co-produced with young people in the 12 CCG areas across the North East and North Cumbria – giving them the opportunity to be directly involved in shaping the storylines, producing and starring in the film itself. The finished film will then be available online and through social media for all young people in the allocated regions and beyond.

The first step in this process is to engage professionals across the region, working with young people, to discuss the themes that should be part of the film, drawing on their experience and expertise to identify these themes as part of the storyline development. So how will we approach this?

## TryLife Process

### Workshops for Professionals

The process kicks off with workshops for professionals working with young people in the region. As a professional working with young people we would love you to be part of these workshops

- The workshops bring together various Organisations, including, Health Professionals, Police, Youth Services, DAT, Youth Offending Teams, Mental Health specialist, NHS and so on...
- The aim is to explore the specific issues we wish to address in the film
- At the workshop we explore who the character is and what their issue is? What is the character's background and family life like? Who are their friends and what problems are they facing? What are the good and bad things that we need to cover?
- These workshops bring together professionals from multiple disciplines to come up with the theme and form the backbone to the storyline. They are a fantastic tool for engaging many agencies around the specific issues.

### Workshops with Young People

- We then use this frame work to engage with identified young people, youth groups, schools, colleges, drama groups, universities and alternative educational providers. These young people, through this next stage of workshops add the culture, flair and language to the framework.
- We identify young people who want to form a closer youth focus group, this group will be our sounding board for ideas and creative thinking. This is in itself a fantastic piece of youth work and really allows young people to consider their choices and the consequences of their actions.
- We aim to reach around 1000 young people face to face at this stage.

We hope that you would like to be part of this exciting project and are happy to answer any questions you may have. Also please get in touch if you would like to attend one of the up-coming workshops for professionals.

Nicky Kaur  
TryLife  
[nickykaur@trylife.tv](mailto:nickykaur@trylife.tv)

# Down's Syndrome Active Football Festival

Diff-Ability CIC Are looking for expressions of interest from people who have Down's Syndrome & would like to attend DSActives football festival in Manchester in February 2020. You do not need to be part of a team, please see below for further information:

## Football festival, Manchester

This event is only for people who have Down's Syndrome to compete as it is being arranged by The Down's Syndrome associations DSActive. Diff-Ability are looking for expressions of interest from people across Cumbria who have Down's Syndrome and would like to attend the event! Matches will be age bracketed, with a high focus on inclusion so everyone will have a fair and safe match.

### Saturday 22nd February - The Etihad campus, Manchester

You do not need to be part of a team, the competition is friendly and Diff-Ability aim to provide a Kit & arrange transport. Though the event is for people with Down's Syndrome to play football, any space left on the coach will be open to family or members of your disability group to come along to spectate with their carers. Please do get in touch if you are interested!

Kindest Regards, Cristina Bowman - Diff-Ability CIC  
07949893963 - [www.diffability.co.uk](http://www.diffability.co.uk)

## SEND January Engagement Conferences

I am emailing you about the SEND Engagement Conferences that we are arranging for January 2020 in Lyn's absence. Would you be able to pass this information onto your working groups and ask that people hold them for the SEND Engagement Conferences.

We may not need everyone to attend but each working group should be aware that these are happening, we are working on a planning session to agree the agenda and which people from the working groups will be required to support them which we will communicate out shortly as well. The dates planned are as follows:

### 17th January 2020 11:00 – 16:00

Carlisle - People First Conference Centre

### 22nd January 2020 11:00 – 16:00

Whitehaven - Whitehaven Golf Club

### 24th January 2020 11:00 – 16:00

Kendal - Castle Green Hotel

### 31st January 2020 11:00 – 16:00

Barrow - The Forum

If you have any questions or need any more info please let me know.

### Matthew Tognarelli - Executive PA - People First Independent Advocacy

People First Conference Centre - Carlisle

Tel: 03003038037

Web: [www.wearepeoplefirst.co.uk](http://www.wearepeoplefirst.co.uk)

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Cumbria Youth Alliance



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### Cumbria Youth Alliance

Town Hall Community Hub Oxford Street, Workington. CA14 2RS

Telephone 01900 603131 / Email: [info@cya.org.uk](mailto:info@cya.org.uk)

Website: [www.cya.org.uk](http://www.cya.org.uk)

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